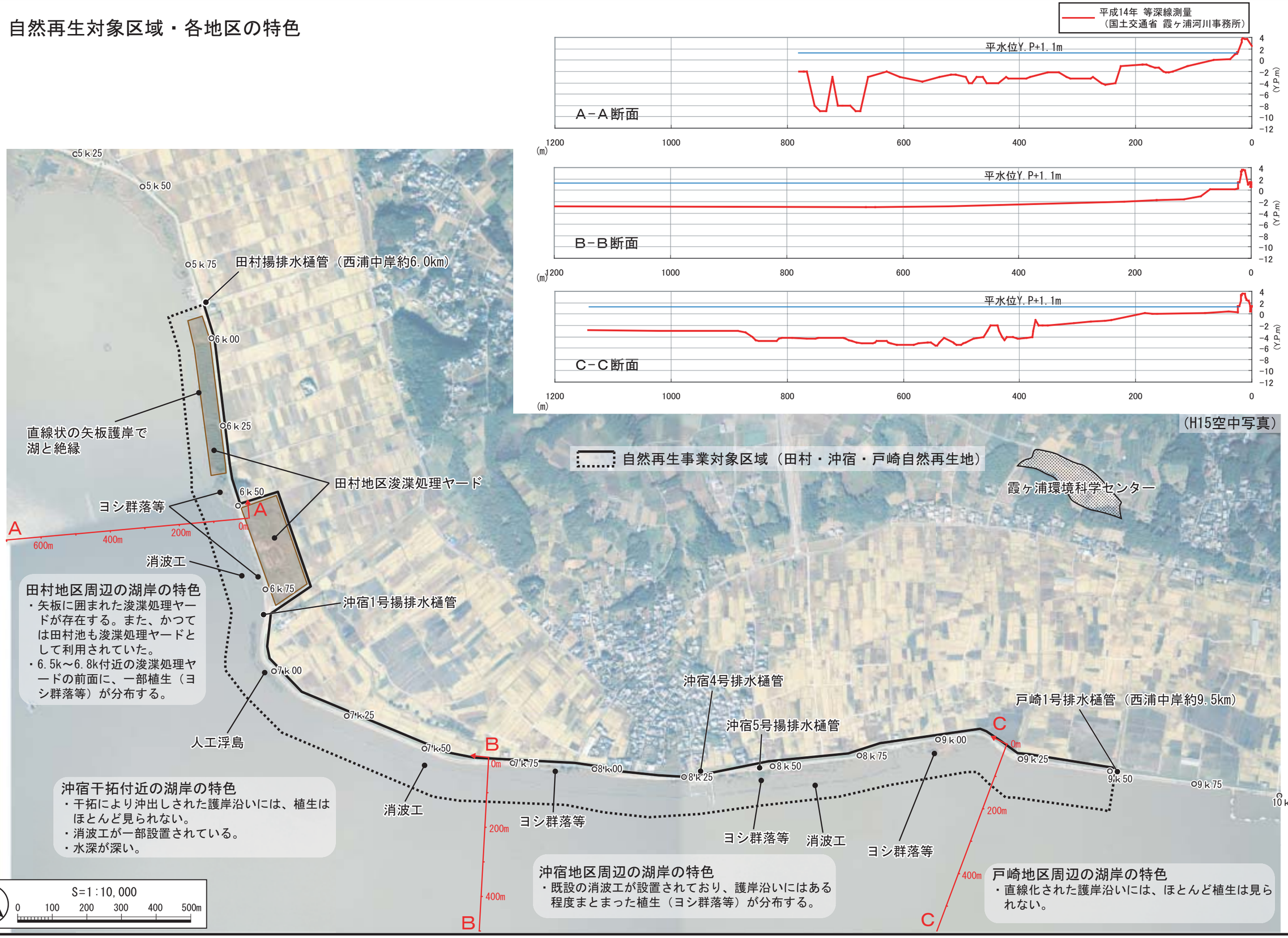自然再生対象区域・各地区の特色